

Goto's Play Project: "-ism/-ist Kitchen"

A Precedent/Manifesto

Carsten Holler's *The Brutalist Kitchen*, developed through cooking with Jan Aman, is a manifesto and "radical concepts for restaurants and other places that could serve food" (Jan Aman, *The Brutalist Kitchen*, log34, 2015)

The Brutalist Kitchen

1. *Don't think recipe, it's all about the ingredients - go shopping or collecting and see what you find.*
2. *Pay special attention to overlooked or hard-to-get ingredients, or ingredients that are generally discarded.*
3. *Prepare simple dishes that are about one or two tastes avoid complex taste layering on the plate from putting together too many ingredients.*
4. *Elaborate cooking techniques are okay, as much as raw or quickly heated food - it's not about a lack of sophistication, just a lack of combination and a commitment to purity.*
5. *Liquids like soups and stocks may require a mixing of tastes, but they should be treated like the food the animal has eaten before it will be eaten: as significant background noise, and hence a singular taste. Some ingredients may be added late to the liquid to give it a required note, as if recomposing a complex taste like that of a fruit. Liquids may be cooked stepwise, with two or more cooling periods in between.*
6. *Fancy decoration on the plate is avoided.*
7. *Portions tend to be of substantial size.*
8. *Brutalist cooking has its origins in traditional Italian cuisine, but is not Italian.*
9. *The brutalist kitchen is named in reference to brutalist architecture, renowned for its "linear and blockish" appearance.*
10. *As of today, there is, to our knowledge, not one restaurant in the world that deserves to be called brutalist, with a kitchen committed to these guidelines.*

- Carsten Höller

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Play Project: "-ism/-ist Kitchen"

- aim of the play project is to **re-purpose/re-organise** the function, space, materiality and objects in the kitchen to challenge issues of today's domestic life and environment critically.
- identify -ism and/or -ist to conceptualise a kitchen.
- ideally to keep the function of cooking food in the kitchen. But leave the decision to the group to remove the cooking function from the kitchen, depending on -ism/-ist chosen. Alternatively, keep the presence of food instead of cooking as an action.
- possibly include recipe and/or food cooked/eaten in the kitchen

Project outcome

- a title
- a Manifesto
- representation of "-ism/-ist kitchen" in any medium, including collage, drawing, poet, performance and so on.

Reference

- *The Brutalist Kitchen*
Author(s): Carsten Höller and Jan Åman
Source: Log, Spring/Summer 2015, No. 34 (Spring/Summer 2015), pp. 171-173
Published by: Anyone Corporation
Access digital copy here:  Log34 The Brutalist Kitchen.pdf
- brutalist kitchen
<https://www.instagram.com/brutalistkitchen/>
- Brutalisten
restaurant: Brutalisten
artist: Carsten Höller
head chef: stefan eriksson
location: Stockholm, Sweden
<https://brutalisten.com/>
- The Architectural Review - December 2021/January 2022: Kitchen + AR House
Access digital copy here:  AR issueDec2021Jan2022.pdf
- The Architectural Review - October 2018 on Food
Access digital copy here:  October 2018 on Food - Architectural Review.pdf

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-ism

1. 'the practice of ...'

Noun of action (often linked to -ise/-ize verbs)

e.g. *baptism, plagiarism, bicyclism*

Noun describing the action of a group of people

e.g. *heroism, hooliganism, patriotism*

2. 'the condition of ...'

Medical

e.g. *albinism, autism*

Language

e.g. *colloquialism, latinism, neologism, malapropism*

Proper nouns

e.g. *pollyannaism, whiteboyism, blairism*

3. 'the belief in ...'

A system or theory

e.g. *conservatism, humanism, chartism*

A particular doctrine or principle

e.g. *feminism, jingoism, opportunism*

The superiority of one group over another

e.g. *racism, sexism*

4. 'discrimination against ...'

e.g. *ageism, lookism*

-ist

1. 'one who believes in ...'

e.g. *methodist, royalist, darwinist, victimologist*

2. 'one who engages in ...'

Often a word of Greek origin

e.g. *ophthalmologist, archaeologist*

Later words are from Latin sources

e.g. *theorist, journalist*

Now widely used to denote people in professions, businesses and other

e.g. *activities, environmentalist, escapologist, consumerist, hypnotherapist, ergonomist, bioethicist*

3. 'one who displays prejudiced views'

e.g. *racist, sexist*